

Community Helpers

Virginia's Foundation Blocks for Early Learning: Comprehensive Standards for Four-Year Olds, 2007.

These standards are beacon lights for my curriculum. I adapt them according to the ability of my students. I use them as goals to strive towards or as background building for my students' future learning. These goals are my focus; but not the only objectives being utilized by these lessons. Language goals are used daily.

I. History and Social Foundation Block 5: Economics/ World of Work (page 27).

- a) Identify pictures of work and name the jobs people do
- b) Describe what people do in their community job
- c) Match tools to jobs
- d) Match job sites to work done
- e) Role-play the job of workers

II. Concepts of Community Helpers

1. Police:

- Help Keep Us Safe
- Wears a special uniform and has a badge
- Drives a special car
- Find lost children

2. Fireman:

- Puts Out Fires
- Wears a special uniform and hat
- Rides in a Fire truck or Rescue Squad Car
- Help folks in car wrecks

3. Doctor and Nurse:

- Make us Feel Better when We Get Sick
- Teach only adults give medicine (medicine safety/danger)

4. Mailman:

- Delivers Mail

5. Baker:

- Makes Sweets and Breads For Us To Eat

6. Construction Worker;

- Builds Things For Us (houses, buildings, bridges)

7. Mechanic:

- Fixes cars and trucks

III. Activities

1. Overall Activities

- Go on a field trip or have the community helper come to the school
- Color sheets: source - variety of color books and internet resources
- Drama center play of community helper job

2. Police:

- Practice calling 911 for emergency
- Fingerprinting kit
- Make a Badge
- Color Sheets

3. Fireman

- Fire Safety: stop, drop and roll
- Practice calling 911
- Color Sheets- play it safe color book
- Make the shape of a house, add painted fire to house.
- Make an Emergency phone book and
- Paper Phone
- Color sheets

4. Doctor/Nurse/ Veterinarian

- Make a pretend doctor kit
- Make a stethoscope
- Color sheets
- Make a surgeons' mask

5. Mailman

- Write a letter
- Mail a letter or card
- Deliver Mail in pretend post office
- Make a mail bag and hat
- Color Sheets

6. Baker

- Decorate a cake
- Play dough fun - make cookies
- Drama center play
- Make a paper cupcake
- Cookie Math (make paper cookies add on chocolate chips to match the number to go with the story , " *The Doorbell Ran*")

7. Construction Worker

- Color sheets- and Bob the Builder Color Book
- Talk about the machines a builder gets to use
- Use dirt./sand and small Bob the Builder toys in sand box for construction work -

add in wooden road (opposite side of train track) or wooden block for building bridges that are built.

8. Mechanic :

- Color sheets
- Use tool set and make outlines of play tools and then make paper tools, have the child match the shapes.
- Make a paper tool box and paper tools
- Play a mechanic on tricycles and toy riding toys
- Play with pretend garage and cars

IV. Books To Read:

1. Fireman

- *Curious George At the Fire Station* by Margaret Rey
- *Fire* by Marie Rius
- *Fire Fighters* by Robert Maas
- *Jeffery Lee, Future Fireman* by Marcia Leonard
- *Volunteer Firefighter* by Kenneth Marion
- *World of Fire Engines* by Norman Barrett
- *Fire Fighter* by Michael Pellowski
- *Fire Fighters* by Ray Broekel
- *Little Fireman* by Margaret W. Brown

2. Policeman

- *Police* by Ray Broekel
- *Be A Police Officer* by Alan Zwiebel and Bill Kaufman
- *State Patrol* by Pat Nau
- *What Can She Be?* by Esther Goldreich and Gloria and Goldreich

3. Post Office

- *The Post Office Book* By Gail Gibbons
- *The Jolly Christmas Postman* by Janet and Allen Ahlberg

4. Doctor/Nurse

- *Maggie and the Emergency Room* by Anne Rockwell
- *A Trip to the Doctor* by Margot Linn
- *One Bear in the Hospital* by Caroline Bucknall
- *A Day in the Life of at a Doctor (Community Helpers Work Series)* by Heather Adamson and Bryan P. Bergeron
- *Hospital Workers in the Emergency Room (My Community and Its Helpers Series)* by Bobbie Kaleman

5. Baker/cooking

- *The Magic School Bus Gets Baked in a Cake* by Joanna Cole, Ted Enik, and Bruce Degan

6. Community Helpers:

- *Community Helpers A-Z* by Bobbie Kaleman and Vicki Walker
- *Sesame Street I'm a Helper* by Reader's Digest
- *A Day in the Life of a Construction Worker* (Community Helpers at Work Series) by Heather Adamson and Ronald Ramos List of Community Helper Books on this site:

<http://www.prekinders.com/communityunit.htm>

V. Internet Links:

<http://www.earlychildhoodlinks.com/teachers/themeunitspreschool.htm>

<http://www.first-school.ws/theme/commhelpers.htm>

<http://www.enchantedlearning.com/themes/communityhelpers.shtml>

<http://www.coloring.ws/people.htm>

<http://www.bcps.org/offices/lis/models/workers/>

<http://www.themelinks.com/community-helpers.htm>

<http://www.preschoolcoloringbook.com/color/cpdoc.shtml>

<http://www.angelfire.com/ca5/hbadltsch/pagecommunityhelpers.html>

<http://delicious.com/karenprek/community-theme>

VI, Drama Center Props

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| • Community Helper hats | -Tool kit for builder |
| • Play coats | -blocks for building construction |
| • Pretend badges | - Bob The Builder toys |
| • Towel Roll water hose | -paper pretend fire |
| • Toy vehicles (police car, fire trucks) | -telephone |
| • Doctor kit - dolls for patients | -ticket props (paper /marker) |
| • Food and baking props for baker | -pretend walkie talkies |
| • pagers and cell phones | |